Bella Family Dental

(972) 290-0903
347 W Jefferson Blvd, Dallas, TX 75208

Crowns, bridges, inlays and onlays

Covers: 3D-printed and porcelain crowns, bridges, and 3D-printed inlays and onlays.

Before your visit

- You may eat a light meal before your appointment. It helps, since you may not want to eat while numb.
- Keep taking your regular medicines unless your dentist or physician tells you otherwise. Do not stop a blood thinner on your own.
- If a physician has told you to take antibiotics before dental visits (for example, for certain heart conditions or joint replacements), take them exactly as prescribed.
- Tell us about any change in your health, new medicines or supplements, allergies, or pregnancy.
- Please arrive 30 minutes before your appointment to complete any paperwork and make any payments due. If you are taking Halcion (oral sedation), arrive 1 hour before.

After your visit

Numbness

- Numbness usually wears off within a few hours. Until it does, avoid chewing and hot drinks so you don't bite your cheek, lip or tongue or burn yourself.

If you have a temporary

- A temporary crown or bridge is held with temporary cement. Chew on the other side and avoid sticky, chewy or hard foods such as gum, caramel, hard candy, ice and nuts.
- When flossing, slide the floss out to the side instead of lifting it up.
- If the temporary comes off, keep it and call us. Do not leave the tooth uncovered for long.

After your final restoration

- Some sensitivity to cold or biting for a few days to a few weeks is normal.
- The gum around the tooth may be sore for a few days.
- Your bite should feel normal. If the tooth feels high, call us for an adjustment.

Comfort

- For soreness, take over-the-counter or prescribed pain medicine only as directed by your dentist and the label.
- Rinse gently with warm salt water (about ½ teaspoon of salt in a cup of warm water) a few times a day, starting the day after treatment unless told otherwise.

Long-term care

- Brush twice a day and floss daily. Clean under a bridge with a floss threader, super floss or a water flosser.
- Avoid chewing ice, hard candy or non-food items. If you grind your teeth, wear your nightguard.

When to call us

Call us at (972) 290-0903 if you have:

- A temporary or final crown, bridge, inlay or onlay feels loose or comes off
- Your bite feels uneven
- Pain or sensitivity that gets worse instead of better
- Swelling around the tooth

For a medical emergency, call 911. Call 911 or go to the nearest emergency room for trouble breathing or swallowing, swelling that spreads toward your eye or down your neck, or bleeding you can't control.

These are general instructions. If your dentist gave you different instructions, follow those. Our staff speak English and Spanish (atención en español). Our doctors do not speak Spanish.

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