Bella Family Dental
(972) 290-0903
347 W Jefferson Blvd, Dallas, TX 75208

D'Aura Minimal Prep Porcelain Veneers

Covers: D'Aura Minimal Prep Porcelain Veneers: the preparation visit, temporaries and the bonding visit.

Before your visit

- If whitening is part of your plan, it is usually done before your veneers, because veneers don't whiten later. Follow the plan Dr. Dang gave you.
- You may eat a light meal beforehand. Plan for a longer visit, and bring headphones if music helps you relax.
- Brush and floss well before you come in.
- Keep taking your regular medicines unless your dentist or physician tells you otherwise. Do not stop a blood thinner on your own.
- Tell us about any change in your health, new medicines or supplements, allergies, or pregnancy.
- Please arrive 30 minutes before your appointment to complete any paperwork and make any payments due. If you are taking Halcion (oral sedation), arrive 1 hour before.

After your visit

After your preparation visit

- Numbness usually wears off within a few hours. Until it does, avoid chewing and hot drinks so you don't bite your cheek, lip or tongue or burn yourself.
- Teeth may feel sensitive to cold and the gums may be tender for a few days.
- For soreness, take over-the-counter or prescribed pain medicine only as directed by your dentist and the label.

If you have temporary veneers

- Temporaries are placeholders. They may feel rough or look less refined than your final veneers.
- Avoid hard, sticky and chewy foods, and cut food into small pieces.
- Floss gently and slide the floss out to the side.
- If a temporary loosens or comes off, keep it and call us. Do not try to glue it yourself.

After your bonding visit

- The gums around your veneers may be tender for a few days.
- You can eat once any numbness wears off.

Getting used to your new smile

- Your teeth may feel smoother, fuller or different to your lips and tongue. Most people adjust within a few days.
- Some words may sound slightly different for a few days.
- Mild sensitivity to cold for a few days is common.
- If your bite feels uneven or something feels sharp, call us. A quick adjustment usually fixes it.

Every day

- Brush twice a day with a soft brush and a non-abrasive fluoride toothpaste. Skip charcoal and gritty whitening toothpastes, which can dull the surface. Skip alcohol-based mouth rinses, which can weaken

bonding.
- Floss every day.
- Don't bite directly into very hard foods (ice, hard candy, bones, popcorn kernels) or use your teeth to open packages, bite nails or chew pens.
- If you grind or clench, wear your nightguard every night. It protects your investment.
- Keep regular cleanings and checkups so Dr. Dang can check and polish your veneers.

When to call us

Call us at (972) 290-0903 if you have:

- A veneer chips, cracks, feels loose or comes off (keep it and bring it with you)
- Your bite feels uneven or an edge feels sharp
- Sensitivity that gets worse or lasts more than a couple of weeks
- Gum soreness or swelling that doesn't improve

For a medical emergency, call 911. Call 911 or go to the nearest emergency room for trouble breathing or swallowing, swelling that spreads toward your eye or down your neck, or bleeding you can't control.

These are general instructions. If your dentist gave you different instructions, follow those. Our staff speak English and Spanish (atención en español). Our doctors do not speak Spanish.