Bella Family Dental

(972) 290-0903
347 W Jefferson Blvd, Dallas, TX 75208

Dental emergencies: what to do before you come in

Covers: First steps for a toothache, a knocked-out or broken tooth, a lost filling or crown, and swelling. After your emergency visit, follow the instructions for the treatment you had.

First steps at home

- Call us at (972) 290-0903 as soon as you can so we can help you plan your visit.
- Toothache: rinse with warm water and gently floss to remove trapped food. Hold a cold pack on your cheek. Do not put aspirin or other pills on the gum.
- Knocked-out adult tooth: pick it up by the crown (the white part), not the root. If it is dirty, rinse it briefly in milk or water without scrubbing. If you can, gently put it back in its socket and bite on a cloth. If not, keep it in milk or in your cheek (if you won't swallow it) and come in right away. Time matters.
- Knocked-out baby tooth: do not put it back in. Call us.
- Broken or chipped tooth: save any pieces, rinse your mouth with warm water, and use a cold pack for swelling.
- Lost filling or crown: keep the crown and bring it with you. Avoid chewing on that side.
- Swelling: hold a cold pack on the outside of your face and call us. Do not put heat on the swelling.
- For soreness, take over-the-counter or prescribed pain medicine only as directed by your dentist and the label.

After your visit

After your visit

- Follow the care instructions for the treatment you had, such as a filling, root canal, extraction or crown.
- Keep any follow-up visit we schedule.

When to call us

Call us at (972) 290-0903 if you have:

- Any tooth that is knocked out, broken or loose after an injury
- Swelling, fever or a pimple-like bump on the gum
- A toothache that keeps you up at night

For a medical emergency, call 911. Call 911 or go to the nearest emergency room for trouble breathing or swallowing, swelling that spreads toward your eye or down your neck, or bleeding you can't control.

These are general instructions. If your dentist gave you different instructions, follow those. Our staff speak English and Spanish (atención en español). Our doctors do not speak Spanish.