Bella Family Dental
(972) 290-0903
347 W Jefferson Blvd, Dallas, TX 75208

# Dentures: complete, partial, immediate and implant-supported

**Covers:** Complete and partial dentures, immediate dentures and implant-supported dentures.

## Before your visit

- Bring your current denture or partial, if you have one, to every visit.
- Keep taking your regular medicines unless your dentist or physician tells you otherwise. Do not stop a blood thinner on your own.
- Tell us about any change in your health, new medicines or supplements, allergies, or pregnancy.
- If extractions are planned the same day, also follow our extraction instructions.
- Please arrive 30 minutes before your appointment to complete any paperwork and make any payments due. If you are taking Halcion (oral sedation), arrive 1 hour before.

## After your visit

### Immediate dentures (placed the day of extractions)

- If your denture is placed the same day as extractions, leave it in for the first 24 hours unless your dentist tells you otherwise. It acts like a bandage and helps control bleeding and swelling.
- After that, take it out only as directed to rinse your mouth and clean the denture, then put it back in so swelling does not keep it from seating.
- Follow our extraction instructions for bleeding, swelling and diet.
- Keep your follow-up visit. As your gums heal and shrink, the denture will need adjustments and, later, a reline.

### Getting used to new dentures

- New dentures can feel bulky, and you may have more saliva at first. This usually settles within a few weeks.
- Sore spots are common. Call us for an adjustment. Do not try to adjust or file the denture yourself.
- Practice speaking by reading aloud.
- Start with soft foods cut into small pieces, and chew on both sides at the same time.

### Daily care

- Take your denture out and rinse it after meals.
- Brush it every day with a denture brush and a non-abrasive denture cleaner, not regular toothpaste.
- Unless your dentist tells you otherwise, take it out at night and keep it moist in water or a soaking solution.
- Never use hot water, which can warp it. Clean over a folded towel or a sink of water in case you drop it.
- Brush your gums, tongue and any remaining teeth every day. With implant-supported dentures, clean around the implants and attachments as shown.

## When to call us

Call us at (972) 290-0903 if you have:

- Sore spots that don't improve, or a denture that rubs or rocks
- A crack, chip or broken clasp
- A denture that feels loose or stops snapping in
- After extractions: heavy bleeding, fever or swelling that gets worse

**For a medical emergency, call 911. Call 911 or go to the nearest emergency room for trouble breathing or swallowing, swelling that spreads toward your eye or down your neck, or bleeding you can't control.**

These are general instructions. If your dentist gave you different instructions, follow those. Our staff speak English and Spanish (atención en español). Our doctors do not speak Spanish.