Bella Family Dental

(972) 290-0903
347 W Jefferson Blvd, Dallas, TX 75208

Dental exams, cleanings and X-rays

Covers: Comprehensive exams, Pearl AI cavity detection, professional cleanings, digital X-rays and 3D CBCT, and iTero scans.

Before your visit

- Brush and floss as usual. You may eat a light meal before your appointment.
- Tell us about any change in your health, new medicines or supplements, allergies, or pregnancy.
- If a physician has told you to take antibiotics before dental visits (for example, for certain heart conditions or joint replacements), take them exactly as prescribed.
- Bring a photo ID, your insurance card if you have one, and a list of your medicines.
- Please arrive 30 minutes before your appointment to complete any paperwork and make any payments due. If you are taking Halcion (oral sedation), arrive 1 hour before.

After your visit

What's normal

- Your gums may feel a little tender or bleed slightly for a day or two, especially if it has been a while since your last cleaning.
- Teeth may feel mildly sensitive to cold for a short time.

If fluoride was applied

- Wait to eat, drink hot drinks or brush for the time your dentist tells you.
- Choose soft foods for the rest of the day.

Every day at home

- Brush twice a day for two minutes with a soft brush and fluoride toothpaste.
- Floss or use interdental cleaners once a day.
- Keep your next checkup. Your dentist will tell you how often you need cleanings.

When to call us

Call us at (972) 290-0903 if you have:

- Gum bleeding that lasts more than a few days
- Swelling, a bad taste or pain that gets worse
- Any questions about your treatment plan or X-ray results

For a medical emergency, call 911. Call 911 or go to the nearest emergency room for trouble breathing or swallowing, swelling that spreads toward your eye or down your neck, or bleeding you can't control.

These are general instructions. If your dentist gave you different instructions, follow those. Our staff speak English and Spanish (atención en español). Our doctors do not speak Spanish.

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Bella Family Dental · (972) 290-0903 · v4 · Nov 2026