Bella Family Dental

(972) 290-0903
347 W Jefferson Blvd, Dallas, TX 75208

Fillings

Covers: Tooth-colored composite fillings.

Before your visit

- You may eat a light meal before your appointment. It helps, since you may not want to eat while numb.
- Keep taking your regular medicines unless your dentist or physician tells you otherwise. Do not stop a blood thinner on your own.
- Tell us about any change in your health, new medicines or supplements, allergies, or pregnancy.
- Children can have nitrous oxide if needed. See our sedation and children's instructions.
- Please arrive 30 minutes before your appointment to complete any paperwork and make any payments due. If you are taking Halcion (oral sedation), arrive 1 hour before.

After your visit

Numbness

- Numbness usually wears off within a few hours. Until it does, avoid chewing and hot drinks so you don't bite your cheek, lip or tongue or burn yourself.
- Your composite filling is set before you leave, so you can eat once the numbness is gone.

What's normal

- Mild sensitivity to cold, sweets or biting for a few days to a few weeks.
- Soreness where the numbing shot was given, or in the gum near the filling, for a day or two.

Comfort

- For soreness, take over-the-counter or prescribed pain medicine only as directed by your dentist and the label.
- A sensitivity toothpaste can help.

Your bite

- Once the numbness wears off, your bite should feel normal. If the tooth feels high or hits first when you close, call us. A quick adjustment usually fixes it.

When to call us

Call us at (972) 290-0903 if you have:

- Your bite feels uneven or the tooth hits first
- Sharp pain when biting
- Sensitivity that gets worse or lasts more than a few weeks
- A rough or sharp edge that bothers your tongue

For a medical emergency, call 911. Call 911 or go to the nearest emergency room for trouble breathing or swallowing, swelling that spreads toward your eye or down your neck, or bleeding you can't control.

These are general instructions. If your dentist gave you different instructions, follow those. Our staff speak English and Spanish (atención en español). Our doctors do not speak Spanish.

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https://www.bellafamilydental.com/patient-care-instructions/fillings/
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