Bella Family Dental

(972) 290-0903
347 W Jefferson Blvd, Dallas, TX 75208

Laser Gum Infection Therapy

Covers: Laser Gum Infection Therapy with our Fotona dental laser, including any scaling and root planing done at the same visit.

Before your visit

- You may eat a light meal before your appointment. It helps, since you may not want to eat while numb.
- Keep taking your regular medicines unless your dentist or physician tells you otherwise. Do not stop a blood thinner on your own.
- If a physician has told you to take antibiotics before dental visits (for example, for certain heart conditions or joint replacements), take them exactly as prescribed.
- If you have diabetes, eat and take your diabetes medicine as usual, and bring a snack.
- Tell us about any change in your health, new medicines or supplements, allergies, or pregnancy.
- Please arrive 30 minutes before your appointment to complete any paperwork and make any payments due. If you are taking Halcion (oral sedation), arrive 1 hour before.

After your visit

Numbness

- Numbness usually wears off within a few hours. Until it does, avoid chewing and hot drinks so you don't bite your cheek, lip or tongue or burn yourself.

What's normal

- Mild soreness for a few days.
- Treated gums may look slightly white, gray, red or darker than usual for several days while they heal.
- Some sensitivity to hot and cold.
- Slight oozing or bleeding the first day.

Comfort

- For soreness, take over-the-counter or prescribed pain medicine only as directed by your dentist and the label.
- Rinse gently with warm salt water (about ½ teaspoon of salt in a cup of warm water) a few times a day, starting the day after treatment unless told otherwise.

Eating

- Eat soft foods for the first few days and chew away from treated areas when you can.
- Avoid hard, crunchy, sticky, spicy or very hot foods, and small seeds, until your dentist says the area has healed.

Cleaning your mouth

- Brush the rest of your mouth as usual. Near treated gums, brush very gently or as your dentist directs.
- Do not floss or use a water flosser in treated areas until your dentist tells you to.
- Don't pull your lip back or poke the gums with your tongue or fingers to check them.
- Avoid smoking and vaping while you heal. Tobacco slows healing.

Follow-up

- Keep every follow-up visit. Afterward, most patients move to periodontal maintenance every 3 months.

When to call us

Call us at (972) 290-0903 if you have:

- Bleeding that does not stop with gentle pressure
- Swelling, fever, pus or pain that gets worse instead of better
- Anything that worries you while you heal

For a medical emergency, call 911. Call 911 or go to the nearest emergency room for trouble breathing or swallowing, swelling that spreads toward your eye or down your neck, or bleeding you can't control.

These are general instructions. If your dentist gave you different instructions, follow those. Our staff speak English and Spanish (atención en español). Our doctors do not speak Spanish.