Bella Family Dental
(972) 290-0903
347 W Jefferson Blvd, Dallas, TX 75208

Root canal therapy

Covers: Root canal therapy (endodontic treatment).

Before your visit

- You may eat a light meal before your appointment. It helps, since you may not want to eat while numb.
- Keep taking your regular medicines unless your dentist or physician tells you otherwise. Do not stop a blood thinner on your own.
- If you were prescribed medicine before your visit, take it exactly as directed.
- If a physician has told you to take antibiotics before dental visits (for example, for certain heart conditions or joint replacements), take them exactly as prescribed.
- Tell us about any change in your health, new medicines or supplements, allergies, or pregnancy.
- Please arrive 30 minutes before your appointment to complete any paperwork and make any payments due. If you are taking Halcion (oral sedation), arrive 1 hour before.

After your visit

Numbness

- Numbness usually wears off within a few hours. Until it does, avoid chewing and hot drinks so you don't bite your cheek, lip or tongue or burn yourself.

What's normal

- The tooth and gum may be tender for a few days, especially when you bite. This usually improves each day.
- Your jaw may feel stiff from keeping your mouth open.

Comfort

- For soreness, take over-the-counter or prescribed pain medicine only as directed by your dentist and the label.
- If you were prescribed medicine, take all of it exactly as directed.

Protect the tooth

- If a temporary filling was placed, give it time to set. Eat only soft foods the rest of the day, and chew on the other side.
- Avoid chewing hard or sticky foods on that side until the tooth has its final filling or crown.
- A temporary filling may wear down a little. If it falls out, call us.
- Most back teeth need a crown after a root canal. Schedule it as your dentist recommends so the tooth doesn't crack.

Cleaning your mouth

- Brush and floss normally, gently around the treated tooth.

When to call us

Call us at (972) 290-0903 if you have:

- Swelling inside your mouth or on your face
- Pain that is severe or gets worse after two or three days
- The temporary filling comes out
- Your bite feels uneven
- A rash, itching or other reaction to a medicine

For a medical emergency, call 911. Call 911 or go to the nearest emergency room for trouble breathing or swallowing, swelling that spreads toward your eye or down your neck, or bleeding you can't control.

These are general instructions. If your dentist gave you different instructions, follow those. Our staff speak English and Spanish (atención en español). Our doctors do not speak Spanish.

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